



2024

MIDMAS

OPTION



## HOSPITALISATION

<b>Hospital Accommodation</b>	General Ward, ICU, High Care paid at 100% scheme rate at a DSP hospital. Subject to pre-authorisation
<b>GP and Specialist in hospital</b>	Paid at 100% of the Scheme rate except for PMB's which are paid at cost
<b>Medication, Materials and Equipment</b>	Paid at 100% of Scheme rate
<b>Medication in hospital</b>	Paid at 100% of Scheme rate
<b>TTOs (To Take Out Medication)</b>	Up to 7 days' supply paid at 100% SEP plus a dispensing fee
<b>MRI, CT and PET scans</b>	Paid at 100% of Scheme rate limited to R22 620 pbpa Subject to pre-authorisation
<b>X rays and Ultrasounds</b>	Paid at 100% of Scheme rate
<b>Pathology in hospital</b>	Paid at 100% of Scheme rate, PMB at cost
<b>Maternity Programme</b> <i>(subject to registration on the maternity programme before the third trimester of pregnancy)</i>	<ul style="list-style-type: none"> <li>• 1 post-natal visit</li> <li>• Pre-natal visits: 12 visits paid at 100% Scheme rate from risk pool, thereafter, paid from MSA</li> <li>• Selected pre-natal pathology tests paid at 100% Scheme rate</li> <li>• 2 x 2D Ultrasounds per pregnancy.</li> <li>• 4D scans from MSA</li> <li>• Vitamins: R350 per month payable from MSA</li> <li>• Maternity bag for baby and mom subject to registration on programme</li> </ul>
<b>Oncology</b>	Subject to pre-authorisation and application of Icon Essential protocols Paid at 100% of Scheme rate, DSP network applicable
<b>Physiotherapy in hospital</b>	Post-operative physiotherapy out of hospital within 60 days of surgery. Limited to R2 540. Paid at 100% of Scheme rate
<b>Psychiatric admissions</b>	Up to 21 days per beneficiary per annum in hospital paid at 100% negotiated rate at a DSP hospital. Subject to pre-authorisation
<b>Hospice</b> <i>(imminent death regardless of the diagnosis, Step down or rehabilitation)</i>	To be recommended by a medical practitioner and subject to pre-authorisation and protocols: <ul style="list-style-type: none"> <li>• PMB's paid at cost</li> <li>• Non PMB cases limited to R1 730 pbpd in hospital and R540 pbpd for home visits</li> </ul>
<b>Private nursing</b>	Limited to maximum of 60 days at R910 pbpd from MSA at 100% Scheme rate unless a PMB which are paid at cost
<b>Organ transplants</b>	PMB paid at cost, subject to pre-authorisation
<b>Narcotism, Alcoholism and Drugs</b>	Limited to 21 days pbpa
<b>Dialysis</b>	PMB paid at cost, subject to pre-authorisation and protocols
<b>Vasectomy</b>	Paid at 100% of Scheme rate. PMB's paid at cost
<b>HIV/AIDS Programme</b>	Provides full cover for HIV management. Subject to registration on the programme
<b>Prosthesis</b>	Internal prosthesis limited to overall limit of R49 350 pfpa
<b>Ambulance and emergency evacuation</b>	Paid at negotiated rate or 100% of Scheme rate

## DAY-TO-DAY BENEFITS

MSA LIMITED TO A MAXIMUM OF 25% OF ANNUAL CONTRIBUTIONS	
<b>GP Consultations</b>	Paid at 100% of Scheme rate from MSA Additional 4 GP visits per member and 6 GP visits per family once savings has been depleted at Scheme rate
<b>Emergency Visits</b>	Not resulting in hospitalisation Paid from MSA at 100% of Scheme Rate unless a PMB which is paid from risk at cost Additional 4 GP visits per member and 6 GP visits per family once savings has been depleted at Scheme rate
<b>Specialist Consultations</b>	Paid at 100% of Scheme rate from MSA Paediatric visits only paid in respect of beneficiaries younger than 16 years
<b>Optometry</b>	Consultation, frames and lenses paid at 100% of Scheme rate from risk every 2 years
DENTAL SERVICES	
<b>Basic Dentistry</b>	Paid at 100% of Scheme rate from MSA
<b>Specialist Dentistry</b>	Paid from MSA at 100% of Scheme rate
<b>Acute and Over the Counter Medication</b>	Paid at 100% of SEP plus a dispensing fee from MSA
<b>Chronic Medicines</b>	Paid at 100% of SEP plus a dispensing fee MMAP, Formulary and Reference Pricing is applied A 15% co-payment will apply to medicine obtained from a non-PPO provider
RADIOLOGY	
<b>X-rays</b>	Paid from MSA at 100% of Scheme rate
<b>Radiographers</b> <i>Out of hospital</i>	Limited to R1 390 pbpa
<b>Scans</b> <i>MRI, CAT &amp; PET</i>	Paid at 100% of Scheme rate limited to R22 620 pbpa. Subject to pre-authorisation
PATHOLOGY	
<b>Pathology and Histology</b>	Paid from MSA at 100% of Scheme rate
AUXILIARY SERVICES	
<ul style="list-style-type: none"> <li>• Physiotherapy</li> <li>• Chiropractor</li> <li>• Biokinetics</li> <li>• Dietician</li> <li>• Occupational Therapist</li> <li>• Speech Therapist</li> <li>• Audiologist</li> <li>• Chiropodist</li> <li>• Homeopath</li> <li>• Naturopath</li> <li>• Osteopath</li> <li>• Podiatrist</li> <li>• Orthoptist</li> </ul>	Paid from MSA at 100% of Scheme Rate unless a PMB which is paid from risk at cost
<b>Mental Health</b>	Visits to clinical Psychologists or Psychiatrist paid from MSA at 100% of Scheme rate. PMB's paid at cost. Referral by a medical practitioner

## PROCEDURES

CO-PAYMENTS AND SUB-LIMITS APPLY	
The following procedures will have a co-payment payable to the hospital on admission: (where two or more procedures are done simultaneously only the highest co-payment will apply)	
Gastroscopy	R1 765
Colonoscopy	R1 765
Cystoscopy	R1 765
Nasal / Sinus Endoscopy	R1 765
Functional Nasal Surgery (Septoplasty)	R1 765
Hysteroscopy	R1 765
Flexible Sigmoidoscopy	R1 765
Arthroscopy	R1 765
Minor Gynaecological Laparoscopic Procedure	R1 765
Dental	R1 765
Excision Lesion (Benign & Malignant)	R1 175
Joint Replacements (Arthroplasty)	R9 410
Conservative Back And Neck Treatment (Spinal Cord Injections)	R1 765
Laminectomy and Spinal Fusion	R9 410
Nissen Fundoplication (Reflux Surgery)	R9 410
Hysterectomy (Except For Cancer)	R4 705
Laparoscopic Hemi Colectomy	R2 350
Laparoscopic Inguinal Hernia Repair	R2 350
Laparoscopic Appendectomy	R2 350

## MEDICAL / SURGICAL APPLIANCES & PROSTHESIS

SUBJECT TO OVERALL LIMIT OF R49 350	
<b>STENTS</b>	
Coronary Artery Stents (MAX OF 3)	Sub-limit of R15 580 per stent (subject to overall limit)
Coronary Artery Stents - Medicated Stents (MAX OF 3)	Sub-limit of R24 030 per stent (subject to overall limit)
Abdominal Aortic Aneurism Stents:	
Carotid Stents	Sub-limit of R21 230 (subject to overall limit)
Renal Stents	Sub-limit of R7 080 (subject to overall limit)
Aneurysm Coils	Sub-limit of R49 350 (subject to overall limit)
Heart valves (Mitral etc)	Sub-limit of R31 160 (subject to overall limit)
<b>ORTHOPAEDIC PROSTHESIS</b>	
Hip or Knee Prosthesis	Sub-limit of R49 350 (subject to overall limit)
Shoulder Prosthesis	Sub-limit of R49 350 (subject to overall limit)
Elbow Prosthesis	Sub-limit of R49 350 (subject to overall limit)
Ankle or Wrist Prosthesis	Sub-limit of R35 320 (subject to overall limit)
Finger Prosthesis	Sub-limit of R28 260 (subject to overall limit)
Spinal Cages	Sub-limit of R15 550 (subject to overall limit)
Spinal Implantable devices	Sub-limit of R35 320 (subject to overall limit)
Internal Fixators for fractures	Sub-limit of R35 320 (subject to overall limit)
Spinal instrumentation (per level limited to 2 levels and 1 procedure pbpa)	Sub-limit of R31 100 (subject to overall limit)
<b>ARTIFICIAL LIMBS</b>	
Through knee	Sub-limit of R49 350 (subject to overall limit)
Below knee	Sub-limit of R49 350 (subject to overall limit)
Above knee	Sub-limit of R49 350 (subject to overall limit)
Below elbow	Sub-limit of R49 350 (subject to overall limit)
Above elbow	Sub-limit of R49 350 (subject to overall limit)
Partial foot	Sub-limit of R26 850 (subject to overall limit)
Partial hand	Sub-limit of R16 960 (subject to overall limit)

## OTHER PROSTHESIS

Intra Ocular Lenses	Sub-limit of R5 650 (subject to overall limit)
Bladder Sling	Sub-limit of R8 480 (subject to overall limit)
Hernia Mesh	Sub-limit of R11 310 (subject to overall limit)
Vascular Grafts	Sub-limit of R34 640 (subject to overall limit)

## ELECTRONIC AND NUCLEAR DEVICES

Internal Cardiac Defibrillator	Sub-limit of R49 350 (subject to overall limit)
Dual Chamber Pacemaker	Sub-limit of R49 350 (subject to overall limit)
Single Chamber Pacemaker	Sub-limit of R49 350 (subject to overall limit)
Internal Nerve Stimulators and Insulin Pumps	Excluded



## MEDICAL/SURGICAL APPLIANCES

Prescribed by medical practitioner and condition registration where applicable

Hearing aids (every 3 years)	Sub-limit of R37 740 (subject to overall limit)
Artificial eyes (every 5 years)	Sub-limit of R11 310 (subject to overall limit)
BP monitor (every 3 years)	Sub-limit of R840 (subject to overall limit)
Glucometer (every 3 years)	Sub-limit of R840 (subject to overall limit)
Humidifier (every 3 years)	Sub-limit of R360 (subject to overall limit)
Nebuliser (every 3 years)	Sub-limit of R710 (subject to overall limit)
Moonboot (annual)	Sub-limit of R2 840 (subject to overall limit)
Elbow crutches (annual)	Sub-limit of R840 (subject to overall limit)
CPAP machines (every 3 years)	Sub-limit of R12 080 (subject to overall limit)
Braces callipers (annual)	Sub-limit of R920 (subject to overall limit)
Rigid back brace (annual)	Sub-limit of R7 070 (subject to overall limit)
Sling clavicle brace (annual)	Sub-limit of R270 (subject to overall limit)
Wigs (annual)	Sub-limit of R2 550 (subject to overall limit)
Bras for breast prosthesis after mastectomy (2 per annum)	Sub-limit of R3 530 (subject to overall limit)
Breast prosthesis (annual)	Sub-limit of R4 240 (subject to overall limit)
Commodes (every 3 years)	Sub-limit of R1 280 (subject to overall limit)
Wheelchairs (every 3 years)	Sub-limit of R5 650 (subject to overall limit)
Walking frames (annual)	Sub-limit of R840 (subject to overall limit)
Rehabilitative foot orthotics (annual)	Sub-limit of R4 240 (subject to overall limit)
Cochlear implants	Not subject to a combined overall limit; sub limits, NAPPI codes and clinical protocols apply Payable at 100% Scheme Rate up to a limit of R166 480 pb every 5 years

## STOCKINGS

Elastic stockings (2 per annum)	Sub-limit of R1 050 (subject to overall limit)
Full length stockings (2 per annum)	Sub-limit of R920 (subject to overall limit)
Anti-embolic stockings (annual)	Sub-limit of R1 410 (subject to overall limit)

## OXYGEN TREATMENT

Limited to R1 260 pbpm subject to pre-authorisation

## WELLNESS BENEFITS

Back Treatment Program (DBC)	Paid from MSA at 100% of Scheme Rate subject to pre-authorisation, protocols and DSP
Wellness 360° Check	Limited to R240 pbpa
Emotional Wellness	Unlimited telephonic consultations
Oral Contraceptives and Contraceptive Injections ( <i>excludes treatment for skin conditions</i> )	Paid from MSA at 100% of Scheme rate
Pap Smear	1 per adult female every 3 years
Mammogram	1 per annum for females aged 45 to 54 1 every 2 years for females aged 55+
Prostate Specific Antigen (PSA) Test	1 every 2 years males aged 45 to 75
Flu Vaccine	Payable at 100% SEP plus a dispensing fee
Childhood Vaccinations	Ages 0 - 2 limited to R960 pbpa Ages 3 - 5 limited to R670 pbpa Age 6 - 12 limited to R510 pbpa

## CONTRIBUTIONS

PRINCIPAL MEMBER	ADULT DEPENDANT	CHILD DEPENDANT
R2 860	R2 650	R657



# MEMBERSHIP

WCMAS is a restricted Scheme providing medical aid cover to participating employers. Application forms are available from HR/time offices.

## WHO IS ELIGIBLE FOR MEMBERSHIP?

Subject to approval by the Board of Trustees, members may apply to register the following as their dependants:

- the spouse or partner of a member who is not a member or registered dependant of another medical scheme irrespective of the gender of either party.
- a child, stepchild or legally adopted child of a member under the age of 21 or a child who has attained the age of 21 years but not yet 26, who is a student at an institution recognised by the Board of Trustees. Should a member elect to cancel the registration of a child between the ages of 21 and 25 years as a dependant of the fund, such child will not be eligible for re-registration as a dependant on the fund at a later date.
- a dependent child who due to a mental or physical disability, remains dependent upon the member after the age of 21.

## REGISTRATION AND DE-REGISTRATION OF DEPENDANTS

A member may apply for the registration of his or her dependants at the time that he/she applies for membership or as follows:

- A member must register a newborn or newly adopted child within 30 days of the date of birth or adoption of the child, and increased contributions shall then be due as from the first day of the month following the month of birth or adoption and benefits will accrue as from the date of birth or adoption.

- A member who marries subsequent to joining the Scheme must within 30 days of such marriage register his or her spouse as a dependant. Increased contributions shall then be due as from the date of marriage and benefits will accrue as from the date of marriage.
- Students that are accepted as child dependants shall be recognised as such for periods of not more than twelve (12) months at a time.
- When a dependant ceases to be eligible to be a dependant, he shall no longer be deemed to be registered as such for the purposes of the Scheme Rules or entitled to receive any benefits, regardless of whether notice has been given.
- Members shall complete and submit the application forms required by the Scheme together with satisfactory evidence to the employer who in turn will submit same to the Scheme.
- The Scheme may require an applicant to provide the Scheme with a medical report in respect of any proposed beneficiary in respect of a condition for which medical advice, diagnosis, care or treatment was recommended or received within the twelve-month period ending on the date on which an application for membership was made.
- No person may be a member of more than one medical scheme or a dependant of more than one member of a particular scheme. The membership will terminate if he or she becomes a member or a dependant of a member of another medical scheme.
- Maximum benefits are allocated in proportion (pro-rata) to the period of membership calculated from date of admission to the end of the financial year.

## MEMBERSHIP CARDS

Every member shall be furnished with a membership card containing membership number, date of joining, identity number/s and names of all registered dependants.

A member must inform the Scheme within 30 days of the occurrence of any event which results in any one of his or her dependants no longer satisfying the conditions in terms of which he may be a dependant e.g. divorce or child dependant full time employed or married (this is not the complete list). The Scheme does not provide cover for divorced spouses even if the divorce settlement decrees that the member is liable for cover.

## PERSONAL INFORMATION

We support the POPI Act (Protection of Personal Information Act) which is structured to protect the individual's right to privacy. In light of the above we have in our call centre implemented security checks which must be adhered to before information may be provided. It is important to make sure that all your membership details are correctly **updated**, e.g. contact numbers, e-mail addresses, postal addresses and banking details. Please contact your Employer's HR Department or should you be a CAWM member our membership department on 013 656 1407.

The member undertakes to **update** his / her personal information as soon as reasonably practicable after changes have occurred. This will ensure that the records of WCMAS contain information that is accurate and up to date.

The personal information of the member and his / her dependants will be **retained** as part of the records of WCMAS for as long as required by the Medical Schemes Act, the Scheme Rules, the South African Revenue Service and any other applicable legislation and to provide medical scheme services to the member and his / her dependants.

## YOUR MONTHLY STATEMENTS, TAX CERTIFICATES, AND OTHERS

### COMMUNICATION VIA E-MAIL OR POST

Electronic communication via e-mail is the preferred way of communication. Members with e-mail addresses will receive - mail statements and correspondence only unless the member has requested WCMAS to send a hardcopy to the member's postal address as well. Members not receiving their statements via e-mail who wishes to receive it electronically must ensure that WCMAS has their correct e-mail address. Changes to their e-mail addresses and any queries regarding the process can be e-mailed to [wcmas@wcmas.co.za](mailto:wcmas@wcmas.co.za). The Scheme encourages members to use this cost saving and reliable facility.

### BANKING DETAILS

For security reasons no cheques are issued to members. Members must ensure that the Scheme has correct banking details for refunds/payments due to them. The following documentation is required: Copy of ID, bank statement (stamped) or a bank letter (stamped and signed) not older than three months or a cancelled cheque and the EFT form.

### CHANGE OF BANKING AND ADDRESS DETAILS OF MEMBER

A member must notify the Scheme within 30 days of any change of banking, address details (including e-mail) and contact numbers. The Scheme shall not be held liable if a member's rights are prejudiced or forfeited as a result of the member's neglecting to comply with the requirements of this Rule.

### INFORMATION AT YOUR FINGERTIPS

Members are again encouraged to visit the Scheme's webpage at [www.wcmas.co.za](http://www.wcmas.co.za)

**A once off registration is required to enable you to fully make use of our website. Once you have registered and logged onto our website you will have access to the following information:**

- **Frequently asked questions**
- Confirmation of membership 24 hours a day, 7 days a week
- Request a **new membership card**
- View registered **dependants** linked to your membership

- See if any **current suspensions** exist on your membership
- View any **chronic diseases** registered
- View and send a message to WCMAS to **update your contact details**
- Print a **membership certificate**
- Print your latest **tax certificate**
- View any **new medical claims** received by WCMAS pending payment
- View **medical claim statements** for the past 6 months.
- View your MSA balance
- Find our **contact details**, including a street map to easily locate our offices
- See who our **Board of Trustee members** are, and have access to the **WCMAS Annual Reports**
- Read our monthly **newsletters** to members and medical practices
- Find out about the scheme's **Benefits and Rules** for members, and what our subscription costs are and
- List of DSPs

## PREVENTATIVE CARE AND WELLNESS PROGRAMME

WCMAS offers a preventative care and wellness programme for early detection of health risks. Benefits are reflected under the Additional Wellness benefits column. Your wellness benefit includes active nurse based disease management programmes.

## CONTRIBUTIONS

The monthly contributions payable by members or their units shall be collected monthly and paid by the employer by no later than the 3<sup>rd</sup> day of each month:

Members remain liable at all times for payment of contributions to the Scheme, irrespective of whether he/she receives financial assistance from the employer towards a subsidy.

## LATE PAYMENTS

Where contributions or any other debt owing to the Scheme are not paid on the due date, the Scheme shall have the right to suspend all benefit until payments up to date.

## WAITING PERIODS AND LATE JOINER PENALTIES

The Scheme may impose upon a person in respect of whom an application is made for membership or admission as a dependant, and **who was not a beneficiary of a medical scheme for a period of at least 90 days preceding the date of application** a general waiting period of up to 3 months and a condition-specific exclusion of up to 12 months.

Condition specific exclusions can also be applied to members who were members of a previous scheme for less than 2 years and general waiting periods to members who were on a previous medical scheme for more than 2 years.

The law also provides that a late joiner penalty may be imposed on a member or his/her adult dependant in certain circumstances when the applicant joins the scheme for the first time from the age of 35 years.

The late joiner penalty will depend on the number of uncovered years and is calculated as a percentage of the monthly contribution applicable to the late joiner.

### EXAMPLE:

#### Member applied to join the Scheme on the 1st June 2011.

- He had previous medical cover 1971 – 1981 and again 1981 – 1990.
- Total monthly contribution = R2 500 of which R2 000 is risk and R500 is MSA.
- Member's age = 65 years old. Creditable coverage is 19 years (number of years covered by medical aid as an adult).

65 years – (35 + 19) = 11 years not covered. Therefore, penalty band 5-14 years applies which = 25%. Member premium = Risk+MSA+Penalty. R2 500 + (25% x R2 000) = R3 000 contribution payable.

Penalty Bands	Maximum penalty
1 - 4 years	0.05 x contribution excluding MSA
5 - 14 years	0.25 x contribution excluding MSA
15 - 24 years	0.50 x contribution excluding MSA
25+ years	0.75 x contribution excluding MSA

## MEDICAL AID SAVINGS ACCOUNT – MSA DAY TO DAY BENEFITS

The medical savings account is a member's own personal account and is used to pay for day to day medical expenses as long as a member has funds available. The medical savings account is in effect the member's own money and allows him/her to manage his/her own medical expenses without subsidising the everyday medical expenses of other members. 25% of a member's monthly contributions will be allocated to the medical savings account every month. The savings account balance is provided upfront for the full financial year (1 January until 31 December) and is therefore reduced pro-rata should a member resign or should a dependant be registered or de-registered during the year. If a member resigns at e.g. the end of June, such member is only entitled to a MSA balance for six months. If a member has used the full MSA balance for twelve months, the member will be required to repay to the Scheme the portion he/she was not entitled to. A credit balance in the MSA after

resignation from the Scheme will be paid out after 4 months. In the event of a member joining another medical aid with a Medical Savings Account then the balance will be paid to the new medical aid. Should the member not rejoin a medical aid with a MSA then the refund will be paid to him/her.

### IMPORTANT TO NOTE:

- **After hour consultations or emergency room consultations are charged at higher rates than normal consultations and will have a negative impact on your savings account.**
- **It sometimes saves money to pay cash for optical and dental services and claim a refund from the Scheme.**
- **GP's can now confirm benefits available for consultations on the website 24/7 – [www.wcmas.co.za](http://www.wcmas.co.za)**

## DESIGNATED SERVICE PROVIDER (DSP) AND MANAGED CARE PROGRAMMES

DSP hospitals charge fees at the Scheme Rates determined for Private Hospitals. Charges from non-DSP Hospitals in excess of the Scheme Rates are for the members own account, except in cases of emergency, involuntary admission and where the service is not available at a DSP.

WCMAS has DSP arrangements with Life Healthcare Hospitals, Netcare Hospitals, NHN and Mediclinic Hospitals. Where the Scheme has DSP arrangements in place and the member makes use of a non-DSP, the member shall be liable for the difference between the Scheme Rate and the fee charged by a non-DSP.

The Scheme also has Universal Hospital Case Management, HIV, pre-authorisation and Chronic Disease Management and Oncology Managed Care Programmes in place.

## CO-PAYMENTS AND OTHER CHARGES TO MEMBERS

### Medical Services in excess of Medical Scheme Rates (Non-PMB)

Members must please note that more and more providers of medical services charge fees in excess of the Medical Scheme Rates. WCMAS only pays fees up to the Scheme Rates. Where the Scheme has paid the Scheme Rates directly to a supplier who has charged in excess of the Scheme Rates, the excess amount must be paid directly to such supplier by the member. The amount to be paid will appear in **bold** in the "member to pay provider" column on members' monthly remittance advices. It remains the responsibility of members who need to have operations to enquire beforehand from the relevant doctors whether they charge in excess of the Scheme Rates or not. If in excess, members need also to arrange settlement of the account directly with the suppliers of medical services.

Members are reminded that should a doctor or specialist use any disposable products during a procedure, the member will be liable for the cost. Disposable items are regarded as an exclusion from benefits. The Scheme will only consider conventional methods for procedures.

## MEDICINE BENEFITS

### CHRONIC MEDICINE BENEFITS

Chronic medicine benefits are Subject to Benefit Management Programme, MMAP and Reference Pricing and paid from the Risk Pool Account.

### PMB, 26 CDL AND 3 ADL CONDITIONS (100% BENEFIT)

(PMB = Prescribed Minimum Benefits)  
(CDL = Chronic Disease List)  
(MMAP = Maximum Medical Aid Price)  
(ADL = Additional Disease list)

### PRESCRIBED MEDICINE

Prescribed medicine must be prescribed, administered and / or dispensed by a practitioner legally entitled to do so.

Benefits are subject to managed care protocols and processes, the Scheme's medicine benefit management programme, formulary and DSP's.

### DISPENSING DOCTORS

Dispensing doctors are required to register at the Scheme for direct payment for medicine dispensed to members. Members will be liable for the account of medicine dispensed by a doctor not registered as a DSP and dispensing doctor at the Scheme.

### EARLY REFILL ON MEDICATION IF OUT OF THE COUNTRY/OVER SA BORDERS

Members are reminded that should they be overseas or across the country borders for an extended period of time to request their early refill on chronic/acute medication at least 5 days before their departure. They may contact the Scheme directly with their request on **013 656 1407**.

## GENERIC REFERENCE PRICING & MMAP

MMAP refers to the maximum medical aid price. MMAP is the maximum price that WCMAS will pay for specific categories of medicine for which generic products exist. Although some generic products may be priced above MMAP, there are always products available that are below generic reference price. Your pharmacist can assist you by dispensing a product below MMAP so that you can avoid a co-payment. To check for generic medication on the MediKredit website [www.medikredit.co.za](http://www.medikredit.co.za) click on scheme protocols.

## IN HOSPITAL AND PRE-AUTHORISATION TREATMENT

100% benefit from Risk Pool at Scheme Rates for Private Hospitals. Pre-authorisation must be obtained at the Scheme's

Case Managers at Universal pre-authorisations.

**Authorisation must be obtained at least 72 hours before hospitalisation except for emergency or involuntary admission.**

### PRE-AUTHORISATION CAN BE OBTAINED BY ONE OF THE FOLLOWING:

- Print and complete the hospital authorisation form from our website - [www.wcmas.co.za](http://www.wcmas.co.za), and email or fax to Universal pre-authorisations at [preauthorisation@universal.co.za](mailto:preauthorisation@universal.co.za)
- Phone Universal Hospital pre-authorisation on **0861 486 472**
- HIV Programme [diseasemanagement@universal.co.za](mailto:diseasemanagement@universal.co.za)
- Oncology Programme [oncology@universal.co.za](mailto:oncology@universal.co.za)

### IN HOSPITAL TREATMENT BENEFITS INCLUDE THE FOLLOWING:

- Ward fees
- ICU
- Step-down
- High Care
- Theatre fees

- Medical Appliances (e.g. back braces)
- Internal prosthesis
- Equipment
- Theatre and ward drugs
- Material

## WHAT TO DO IN CASE OF AN EMERGENCY

- Contact **ER24** for ambulance on **084124**
- **ER24** call centre can also assist with medical advice
- Should Service Provider require proof of membership - can log onto the website 24/7 [www.wcmas.co.za](http://www.wcmas.co.za) via the service provider Portal, or the member may log onto the website via the member portal and follow the prompts.

## PRESCRIBED MINIMUM BENEFITS (PMB)

Prescribed Minimum Benefits (PMBs) are defined in the Regulations to the Medical Schemes Act and must be provided to all beneficiaries of a medical scheme. The diagnosis, medical management and treatment of these benefits are paid according to specific treatment plans subject to therapeutic algorithms, protocols, formularies and DSP's. Should services for a PMB not be available at a DSP, arrangements will be made at another setting. Members must ensure that ICD10 codes are reflected on all accounts so that the correct allocations to relevant benefits can be made.

It is noted that some doctors charge exorbitant fees for PMB conditions and we could encourage members to first obtain a quotation before proceeding with the procedure.



### LIST OF CHRONIC CONDITIONS (CDL) COVERED UNDER PMB'S:

- Addison's disease
- Asthma
- Bipolar mood disorder
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy disease
- Chronic renal disease
- Coronary artery disease
- Crohn's disease
- Chronic obstructive pulmonary disorder
- Diabetes Insipidus
- Diabetes Mellitus Type 1 & Type 2
- Dysrhythmias
- Epilepsy
- Glaucoma
- Haemophilia
- HIV/aids
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple Sclerosis
- Parkinson's disease
- Rheumatoid arthritis
- Schizophrenia
- Systemic Lupus Erythematosus
- Ulcerative Colitis

Members must register chronic conditions on the Chronic Medication Management programme at SwiftAuth (MediKredit) who have a complete formulary of chronic medication.

MediKredit website detail is [www.medikredit.co.za](http://www.medikredit.co.za) WCMAS is using the SwiftAuth (MediKredit) system whereby doctors need to phone the toll free number 0800 132 345 to register members chronic conditions. No application forms are needed.

When receiving a prescription for medication from a doctor or after being discharged from hospital members can submit the prescription at any of our DSP pharmacies to avoid excessive co-payments.

If you require any information on the clinical entrance criteria, prescribed minimum benefits algorithms, medicine exclusions and tariffs codes and amounts, please refer to the WCMAS Call Centre at (013) 656-1407.

### ADDITIONAL DISEASE LIST (ADL)

WCMAS have enhanced cover on the option to assist young families who often encounter the following childhood conditions:

- Acne
- Attention Deficit Hyperactivity Disorder
- Eczema

**Funding is at 100% Scheme Rate from the Risk Pool and is subject to condition registration and protocols.**

### EXCLUSIONS

**Unless otherwise provided for or decided by the BOT, with due regard to the prescribed minimum benefits, expenses incurred in connection with any of the following will not be paid by the Scheme:**

- Costs of whatsoever nature incurred for treatment of sickness condition or injuries for which any other party is liable.
- Costs in respect of injuries arising from professional sport, speed contests and speed trials subject to PMB.
- Costs for operations, medicines, treatment and procedures for cosmetic purposes unless medically necessary.
- Holidays for recuperative purposes.
- Purchase of patent medicine, toiletries, beauty preparations, baby foods, household remedies and contraceptives and apparatus to prevent pregnancy.
- Costs for obesity, willfully self-inflicted injuries, infertility, artificial insemination, gold in dentures or as an alternative to non-precious metals in crowns.
- Charges for appointments which a member or dependant fails to keep.

- Costs for services rendered by persons not registered by a recognised professional body constituted in terms of an Act of Parliament.
- Services rendered whilst a waiting period or condition specific condition was excluded.
- Bandages, cotton wool, patented foods, tonics, slimming preparations, drugs advertised to the public.

### FRAUD

#### FRAUD MAY COST YOU YOUR MEMBERSHIP OF THE MEDICAL SCHEME

The Board of Trustees would like to point out to members that a number of cases have been detected where members and their dependants have committed fraud against the Scheme. These members have been reported to the SAPS and their membership of the Scheme has been cancelled. Some members' employers terminated their employment due to them defrauding the medical scheme.

The Scheme views fraud in a very serious light and would like to encourage members who have some concerns regarding fraud, whether committed by a member or a supplier of services, to contact the Manager of the Scheme, or the Board of Trustees, or the Disputes Committee or the Audit Committee.

#### REPORTING SUSPECTED FRAUD

**Reporting suspected fraud committed by a member, managed care organisation, doctor, healthcare practitioner, medical scheme or employee to:**

- WCMAS tip-off lines: share-call 0860 104 302
- WCMAS's Principal Officer (call 013 656 1407) or any Board of Trustee member.
- Council for Medical Schemes Tip off Anonymous Hotline using its Toll Free number 0800 867 426 or on their e-mail address [cms@tip-offs.com](mailto:cms@tip-offs.com)

WCMAS offers a R3,000 reward where fraudulent medical cases are successfully investigated and prosecuted. All information will be treated strictly confidential.

### Abuse of privileges, false claims, misrepresentation and non-disclosure of factual information

The Board may exclude from benefits or terminate the membership of a member or dependant whom the Board finds guilty of abusing the benefits and privileges of the Scheme by presenting false claims or making a material misrepresentation or non-disclosure of factual and relevant information. In such event he/she may be required by the Board to refund to the Scheme any sum which, but for his or her abuse of the benefits or privileges of the Scheme, would not have been disbursed on his or her behalf.

*No person may be a member of more than one medical scheme or a dependant of more than one member of a particular scheme. The membership will terminate if he or she becomes a member or a dependant of a member of another medical scheme.*

*No person may claim or accept benefits in respect of himself/herself or any of his/her dependants from any medical scheme in relation to which he/she is not a member or dependant.*

### OTHER INFORMATION

#### MEDICAL CLAIMS REQUIREMENTS

The Scheme receives accounts from members which cannot be processed for payment due to incorrect or insufficient details.

**To ensure that your claims are being paid correctly and timeously within 4 months after service date, you are requested to ensure that the following details are clearly indicated on your accounts:**

- Medical aid number
- Member details
- ICD10 codes
- Patient details
- Service dates
- Service codes
- Diagnosis



### REFUNDS & STALE CLAIMS

Should members first pay their accounts before submitting it to the Scheme for a refund, they must ensure that the account is fully specified and proof of payment is submitted together with the claim. In order to qualify for benefits, any claims must, unless otherwise arranged, be signed and certified as correct and must be submitted to the Scheme not later than the last day of the fourth (4th) month following the month in which the service was rendered. Any claims older than this will be for the member's own account

### SECTION 32 MSA

The rules of a medical scheme and any amendment thereof shall be binding on the medical scheme concerned, its members, officers and on any person who claims any benefit under the rules or whose claim is derived from a person so claiming.

### DISPUTES

Members are encouraged to explore the Scheme's dispute resolution process prior to lodging any complaints with the CMS.

#### Disputes resolution at Scheme level:

- A complaint can be lodged in terms of the medical scheme rules to the Scheme Principal Officer in writing either via facsimile on **0866 277 795** or via e-mail to **wcmas@wcmas.co.za**
- Should the member's complaint warrant further investigation then the member may address the complaint to the Board of Trustees in writing either via facsimile **0866 277 795** or via e-mail to **wcmas@wcmas.co.za** and marked for the attention of the Chairperson
- Final submission can be sent to the Schemes Disputes Committee in writing either via facsimile **0866 277 795** and via e-mail at **wcmas@wcmas.co.za** and marked for the attention of the Disputes Committee



#### COUNCIL FOR MEDICAL SCHEMES

Private Bag X34  
HATFIELD  
0028

Share Call number: **0861 123 267**

[www.medicalschemes.com](http://www.medicalschemes.com)

[support@medicalschemes.com](mailto:support@medicalschemes.com)

[complaints@medicalschemes.com](mailto:complaints@medicalschemes.com)

### LEGEND

<b>M</b>	member
<b>M+</b>	member with dependants
<b>pbpa</b>	per beneficiary per annum
<b>p.f.p.a</b>	per family per annum
<b>PMB</b>	prescribed minimum benefits
<b>Financial Year</b>	1 January to 31st December
<b>MSA</b>	Medical Savings Account
<b>DSP</b>	Designated Service Provider
<b>SR</b>	Scheme Rates
<b>PPO</b>	Preferred provider pharmacies
<b>CDL</b>	Chronic Disease List
<b>TTO</b>	To take out i.e. medicines taken out of hospital when discharged
<b>ADL</b>	Additional Disease List as per Annexure L of the Scheme Rules



# CONTACT

**WCMAS**  
013 656 1407

**WCMAS Facsimile**  
0866 277 795

**Hospital Pre-Authorisation**  
0861 486 472

**Disease Management Programme**  
0861 486 472

**Chronic Medicine Registration**  
0800 132 345  
chronic@medikredit.co.za

**ER24 Ambulance**  
084 124


**Oncology Programme**  
0861 486 472

**Emotional Wellness Programme**  
0800 390 003 or dial \*134\*952#

**WCMAS Building**  
Corner OR Tambo & Susanna Street  
PO Box 26, Emalahleni, 1035



 [wcmas@wcmas.co.za](mailto:wcmas@wcmas.co.za)

 S25°52'23.7" E29°14'23.6

[www.wcmas.co.za](http://www.wcmas.co.za)

These are the abbreviated benefits, for detailed Schemes Rules please visit the Schemes Website.

Please note that the Scheme Rules supersede information contained in this document.

SUBJECT TO CMS APPROVAL

